

# Teach the Teacher: Mentoring Skills for Doctors

Formed in 2004 Oxford Medical Training is one of the oldest and now one of the largest medical career development companies in the UK. We offer a portfolio of training courses including Interview preparation, Teach the Teacher, Communication, Leadership and Management Skills Courses.

On Advanced Teach the Teacher: Mentoring Skills for Doctors we focus directly on your 1-to-1 teaching practice. This course is ideal for you if you have gained experience of teaching and are looking to refresh or enhance your skills for these situations, whether you are teaching in a formal or informal capacity. You are welcome as a delegate regardless of your grade, so long as you have teaching experience. For current and aspiring Educational Supervisors or Clinical Supervisors the course supports your development in the following areas of the GMC Criteria for CS/ES Recognition:



- Ensuring safe and effective patient care through training
  - Balancing the needs of service delivery with education; Allowing trainees, when suitably competent, to take responsibility for care appropriate to the needs of the the patient.
- Establishing and maintaining an environment for learning
  - Creating an environment for learning; identifying and planning learning opportunities
- Teaching and facilitating learning
  - Assessing learning needs; Using a variety of methods to deliver the curriculum; skills teaching; developmental conversational skills
- Enhancing learning through assessment
  - giving effective feedback
- Supporting and monitoring educational progress
  - Setting and reviewing learning objectives; annual review of competence progression; identification of the trainee in difficulty
- Guiding personal and professional development
  - Personal development planning; career support guidance and advice

Delegate numbers are limited to 12 per course, enabling an interactive environment where you have the opportunity to learn from your fellow delegates as well as your tutor.

# Prospectus

## ADVANCED TEACH THE TEACHER: MENTORING SKILLS FOR DOCTORS

### 08.30 REGISTRATION AND COFFEE

This time is an excellent opportunity for course delegates to meet fellow attendees and break the ice before working together throughout the day. This is also an invaluable time to share personal and professional teaching experiences with the tutor and other delegates.

### 09.00 INTRODUCTIONS, COURSE OBJECTIVES AND CLARIFYING YOUR LEARNING GOALS

The course begins with an opportunity for personal introductions, a presentation of the course aims and objectives, plus an exploration of your own individual learning goals.

From this point onward your tutor facilitates the event with a workshop approach through a mix of input, discussion, practice and feedback. We share relevant theory, concepts and models with regular opportunities to experiment in a safe environment. We will adapt plans to match the interests and needs of both yourself and your fellow delegates, exploring:

- The role of the skilled helper in healthcare
- Models to support coaching and mentoring
- Matching your approach to the learner's requirements
- Identifying options and potential solutions to challenges
- Supporting the development of realistic plans

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Your tutor will judge and agree the exact timings for breaks based on the flow of interaction. Typical timings are as follows :

10:30 **Mid-morning break (15 mins)**

12:30 **Lunch (45 mins – 1 hour)**

14:30 **Afternoon (15 mins)**

Tea, coffee and lunch are all provided as part of your delegate package.

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Course ENDS 16:30 - 17:00 depending on delegate numbers.

***Our course content is constantly updated ensuring you receive the best and latest information.***