



Course Programme

The Oxford CT/ST Interview Course is one of Oxford Medical's flagship courses. Formed in 2004

Oxford Medical is one of the oldest and now one of the largest medical career development companies in the UK, offering a large portfolio of training courses. With an excellent track record of training doctors preparing for CT/ST interviews from every medical and surgical speciality, the Oxford

Medical CT/ST Interview course is an un-missable step in the increasingly competitive CT/ST interview process.

CONTENT OF THE OXFORD CT/ST INTERVIEW COURSE

The Oxford Medical interview course has been designed specifically with the ST/CT post interviewee in mind. Through practise, presentations, interactive group discussions, NHS Hot Topic workshops and mock AAC panel interviews you will learn:

- Understand the structure, purpose and aim of your CT/ST medical interview
- How to identify your areas of strength and unique selling points and how to exploit them
- How to deliver not just an effective knowledgeable answer but also a structured, hierarchical and opinionated response
- Learn how to turn a difficult question into one which sells your strengths making you an attractive appointment
- Learn about non verbal communication skills, how to build rapport and influence key members of the panel
- Get the best of head starts by discovering the reasons behind each and every question, giving you an invaluable knowledge of what the interviewer is after
- Practice the new interview skills that we will teach you during your mock interview
- How to deliver exceptions/responses to difficult questions on management, leadership and current NHS Issues



CT/ST INTERVIEW COURSE SCHEDULE

8.30 REGISTRATION AND COFFEE

This time is an excellent opportunity for candidates break the ice, meeting their fellow candidates they will be working with throughout the day. This is also an invaluable time to share personal and professional experiences with the tutor and fellow candidates regarding applications and related topics.

9.00 MEDICAL INTERVIEW SKILLS

A lecture on the interview process and interview skills covering the following topics:

- *Explore essential key interview skills*
- *What are Non Verbal communication skills? What is the impact of dress, body language?*
- *Different types of interview questions. What are they looking for and how to deliver that Knock out response!*
- *Discover the different approaches to answering questions. Strategic structuring methods*
- *Grey area and controversial questions. How to deal with controversial topics, delivering a balanced, professional and opinionated response.*

10.15 COFFEE BREAK

10.30 NHS HOT TOPICS AND OPINION FORMATION-WORKSHOP 1

A look at all the issues of the NHS and its set up that must be at your fingertips for you interview. This workshop will help you with the information that you need to know and develop important opinions on these topics. Small group and individually focused covering NHS management issues and governance topics. A selection from:

WORKSHOP 1:

Appraisal	CPED
Audit	Critical incident reporting
Bearing good witness	The Darzi report
Business planning	The Donaldson report
Choose and book	The Eighteen week target
Clinical governance	The European working time directive
CNST	Foundation trusts
Consent	The hospital at night project
Tooke Report	Leadership and management
Shipman	Assessment of competency
Alderhey	NHS structure and finance
Managing a drunk colleague	GMC, affiliates
Risk management	Medical regulation

Any other topic that you want can be discussed and debated

A FULL COMPREHENSIVE SUMMARY OF THE ABOVE TOPICS IS PROVIDED IN THE COURSE MATERIAL

12.30 LUNCH BREAK

A three course sit down meal. All types of dietary requirements are catered for. A great opportunity to discuss any personal issues with your Consultant trainer, clarify any issues about the application or interview process or inquire about any areas that you would like to know more about.

13:30 NHS HOT TOPICS AND OPINION FORMATION-WORKSHOP 2

Another set of workshops which are carried out in small groups of 3 where you will go though lots of commonly asked topics. We will work on your content delivery and presentation skills throughout this workshop. Topics covered include a selection from:

Oxford Medical CT/ST Interview Course

WORKSHOP 2:

Managing stress	ISTC's
The NHS plan	NPFIT
Nurse practitioners and nurse consultants	NICE
Practice based commissioning	The Care Quality commission
The risk register	The National patient safety agency
The Bristol scandal. Lessons learnt	MMC
Change management	Conflict management
Medical education and teaching	Research Governance
Revalidation	Setting up a service
Mid Staffordshire NHS Trust Enquiry	Equity & Excellence- Liberating the NHS
Equity and Excellence. Liberating our NHS	White Paper(12th July 2010)
QIPP,PROMS,CQUIN	GP Consortia and commissioning

Any other topic that you want can be discussed and debated

A FULL COMPREHENSIVE SUMMARY OF THE ABOVE TOPICS IS PROVIDED IN THE COURSE MATERIAL

14:30 MOCK AAC CT/ST INTERVIEW PRACTICE WITH FEEDBACK/RECORDED

Video recorded Mock ST/CT Interview Practice with ACC questioning and feedback.

The "station" based approach for ST and CT interviews will be described in detail and will be used within the Mock interview

Every candidate will receive a mock CT/ST interview. Now that you have learnt about the interview process, new interview skills techniques and have plenty of content from our NHS hot topic workshops it is time to put these skills and ideas into practice. We offer the option of video recording your mock interview and feedback will be given so that you can actually see how you deliver your content. Feedback is individual and unique to this course. Because different questions are asked to each candidate you will cover hundreds of questions which will serve as excellent preparation for your interview. A copy of your interview will be provided on DVD so that you can use it at home to improve your presentation, delivery and content prior to your interview. This session recreates the pressure present during a real interview. Feedback usually highlights individual areas for each candidate to work on during the post course period.

Questions that will be asked during this session will replicate real AAC Panel Interviews such as:

- **Royal College Representative Questioning**
- **University Representative Questioning, Clinical Director Question**
- **Consultant Colleague Questions**
- **Medical Director Questioning, Chief Executive Questioning**
- **Chairperson Questioning**

17:15 PRE INTERVIEW VISIT

The pre-interview visit and pre-short listing visit will be discussed. Tips will be presented on when and how to make appointments. Also who to see once you are there, and of course what to ask.

17:30 CONCLUSIONS AND Q&A

A Summary of the most important points for the day. Individual focused direction as to the next steps for your interview preparation. Course materials including handouts and passwords to access the post course training section of our website will be distributed.

Our Course content is constantly updated. You will receive only the best and latest information. You will also get free access to the consultant training subscription area of this website for 1 month

CT/ST INTERVIEW COURSE INFORMATION

COURSE TIMES

Our interview Course starts promptly at 9.00am- 5.15pm

COURSE VENUES

Our state of the art training venues have excellent facilities and equipment and plenty of parking (200+spaces). Free parking at all our Oxford Courses.

REFRESHMENTS

We always ensure a hot 3 course lunch is provided to help keep the energy levels up, and of course as many teas, coffees and biscuits you can eat!

ACCOMMODATION:

Special discounted Hotel rates have been negotiated. Please contact us or the hotel directly for more information.

The Holiday Inn Hotel Bloomsbury
Coram Street, Bloomsbury

Central London, WC1N 1HT Tel: +44-871-9429222

For maps, directions and travel plans please follow the link below

<http://www.holidayinn.com/hotels/us/en/london/lonbl/hoteldetail#Directions>

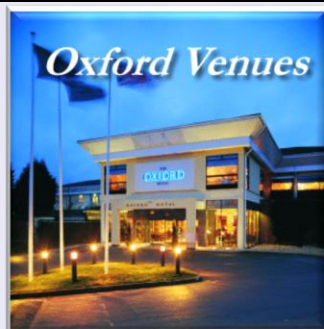


The Barcelo Oxford Hotel
Godstow Road, Oxford
OX2 8AL

Tel: +44(0)1865 489988

For maps, directions and travel plan please follow the link below:

<http://www.barcelo-hotels.co.uk/hotels/central-england/barcelo-oxford-hotel/map>



WHY SHOULD YOU TRUST US TO HELP TRAIN YOU FOR YOUR CT/ST INTERVIEW?

Small group training

We always have limited numbers attending each CT/ST interview course. With a maximum of 12 people on each course we can ensure every one of our course attendees receives the most comprehensive experience and personalised feedback and advice from our knowledgeable and friendly tutors.



ACC format mock interview - with video recorded performance analysis.

Oxford Medical courses are run and developed by top NHS Clinical professionals giving us a great understanding of the processes and difficulties facing CT/ST in an increasingly competitive environment. Because of this we realise simply giving a lecture is never going to make you a stand out interview candidate. Every CT/ST interview course delegate attending undertakes a mock interview styled upon the ACC interview format and process. Personal feedback and coaching is provided by our experienced NHS Consultant Trainers. Questions asked during these sessions replicate real AAC Panel Interviews. At Oxford Medical we believe in small numbers and big involvement so you not only receive a mock interview, you will also be an integral part of the other delegate interviews, because it's always best to see the process from both sides!

Latest coverage of all relevant NHS topics

At Oxford Medical we understand that the issues of the NHS and its set up is essential information that you must have at your fingertips for your interview. The small groups, individually focused course workshops dedicated purely to these crucial subjects will help you with the information that you need to know and help you develop important opinions on these topics. After the course you also receive access to 3 hours of Hot Topic Videos online so you can revisit the topics and maintain your new knowledge before the big day.

Up to date comprehensive CT/ST interview course materials

We routinely receive stories from doctors who have been on other interview courses and were not satisfied with their training. We have reviewed the quality and detail of handouts that others provide and we are happy that our handouts are the most comprehensive and detailed in the market place. In fact they are 3 times the size! We also don't tell you to go away and read NHS hot topics at home. We will cover any topic you choose at the course. Our CT/ST interview course handouts cover your complete application from CV writing all the way to the interview day itself. Written by NHS consultants this "book" is a complete one stop for interview preparation and also includes A4 summary pages on NHS hot topics. Combined with the individual training that you will receive you will get great training giving you the edge over any others.

Unbeatable post course materials and training support package with free after course support

Do you often feel overwhelmed with information after attending training days and course?? Well with the comprehensive post course package offered to all Oxford Medical Interview course delegates you will have all the support and materials you need to retain all that excellent advice!

- Summary A4 handouts on all the relevant NHS interview hot topics
- Free access to our **CT/ST Subscription** area of our site with NHS downloads and discussion forums
- Free access to *36 NHS consultant delivered hot topic video tutorials (watch some demos)*
- Contact us after the course using the subscription forum for any last minute help



Oxford Medical CT/ST Interview Course

Expert NHS Consultant Trainers:

Our faculty which is published below contains **only NHS consultants** from various specialities. All our consultant trainers are experienced in the medical recruitment process and are trained interviewers. We never use any tutors who are not fully experienced consultants, ensuring that the quality of your course experience and the advice and feedback you receive is of the highest possible quality.

High verbal recommendation rate:

Many of our doctors come from verbal recommendations. This itself speaks volumes for the attention to detail and quality of the training that we provide.

Our Customers use us again for other training products:

We don't just provide interview training but also offer teach the teacher, management courses and other crucial personal development course to doctors. Many of our interview course attendees subsequently book into one of these other courses as they are highly satisfied with the service that our company provides.

Several courses per week in different locations:

We run up to 4 CT/ST interview courses per month, mainly at weekends because this is when our NHS Consultant trainers are available. Be careful with other providers offering mid week courses as you may be disappointed when you do not get a qualified doctor training you!

WHO TRAINS THE CT/ST INTERVIEW COURSE?

We can 100% guarantee that we **ONLY** use **NHS Consultants** who are experienced in the interview process. Our tutors take courses in turn and include:

- Dr Mudliar: Consultant Pathologist
- Dr Woolfson: Consultant Physician
- Dr Amirchetty: Consultant Obstetrics and Gynaecology
- Dr Helm: Consultant Radiologist
- Dr Annand: Consultant Paediatrician
- Dr Kamath: Consultant Psychiatrist
- MR Ghosh: Consultant Surgeon
- Dr Barnes: Consultant Obstetrics and Gynaecology
- Dr Tin: Consultant Anaesthesia and Intensive Care Medicine



All our tutors are **fully trained interviewers and NHS Consultants** with years of experience in the interview and selection process. Being at the sharp end of the interview process on a day to day basis to give you the best information, advice and training possible.

"Simply the best course that I have ever been on. Oxford Medical made the difference and i am now enjoying life in a substantive ST role." MR S.E

Oxford Medical CT/ST Interview Course

HOW TO BOOK

To book a place on one of our CT/ST interview courses, simply click on date you would like to attend then continue to check out where you will be asked to input a payment method. Completing your order online today with a credit or debit card will guarantee a place on an Oxford Medical course immediately. Once we have received your order and payment we will send out a confirmation of your booking which will include the details of the course timings and venue.

WHAT DO OUR CUSTOMERS SAY ABOUT OUR CT/ST INTERVIEW COURSE?

"The small group made the course very individually focused with lots of practise. I had the chance to ask questions and receive thorough explanations for all my enquiries throughout the day from Susan who was an excellent tutor." *Banbara (ST2) Medical Interview Course for CT/ST Interviews*

"The course covered all aspects of the ST interview process in a clear format that has helped my understanding so much. The practise sessions are so useful and a great opportunity to see what it is like from the other side of the table, ask our own questions and listen to a wide variety of answers." *Harriet (ST3) Medical Interview Course for CT/ST Interviews*

"I particularly enjoyed the AAC interview in the afternoon really highlighted my strengths and weaknesses and gave me a great idea as to the structure of `station interviews`. There was also excellent individual feedback provided by the trainer throughout the day." *Sarah (ST3), Medical Interview Course for CT/ST Interviews*

"I was very worried about the NHS topics being discussed in the interview but after this course I feel much more confident. The discussions that we had about the hot topics in NHS management were invaluable and they were also used in the interview question just as in the real thing. An invaluable course for any prospective candidate!" *James (ST4) Medical Interview Course for CT/ST Interviews*

"I received brilliant training on the ST course and I am certain that I would not have been successful in my first interview had it not been for the course and the brilliant trainer on the day. The DVD of my mock interview was a great way to understand my strengths and weaknesses". *Alexandra (ST5) Medical Interview Course for CT/ST Interviews*

"The post course materials given to use after the course were so useful for continuing to improve my knowledge and skills after the course finished. The hot topic NHS tutorials are just excellent for learning about NHS issues, not sure I would have been able to learn anywhere near the amount of topics in depth without this." *Mathew (ST2) Medical Interview Course for CT/ST Interviews*

" This course was recommended to me by a number of my colleagues all who enjoyed it thoroughly and I glad to say so did I. Such fantastic attention to detail by your trainers, really felt like they were so enthusiastic and knowledgeable in the recruitment process. Thanks for helping me to get my new role" *Amir (ST5) Medical Interview Course for CT/ST Interviews*

"Such an excellent and useful course. I now know what areas I need to work more on and had the opportunity to practise with excellent feedback from the trainer who was very knowledgeable. TH mock interview practise was especially valuable as I had the opportunity to witness and take part in other peoples interviews as well."

Ramibar (ST3), Medical Interview Course for CT/ST Interviews

Oxford Medical CT/ST Interview Course

“The small size of the group was great as everyone got a chance for individual questions and practise *** is the best trainer that I've come across, he was very knowledgeable and provided everyone with excellent constructive feedback” *Micheal (ST4), Medical Interview Course for CT/ST Interviews*

“The content we covered on the course gave me a good insight into the NHS topics and station interviews without being overloaded. I had a really tough interview but was offered the job so thank you for your excellent course; I really don't think it would be the same result if I had not attended.” *Samier(ST4) Medical Interview Course for CT/ST Interviews*

“Excellent structure of the course throughout the day, the trainer was very knowledgeable about the AAC panel consultant interview and questions. It is so useful to understand what the panel will be looking for in my answers and how they expect the answers to be structured. Because of this course am confident I will be able to answer any interview questions in a knowledgeable and structures manner.” *Helana, (ST3) Medical Interview Course for CT/ST Interviews*

“I always get very nervous in interviews so was very worried about going completely blank. This course gave me lots of techniques and tips for answering questions and this has really improved my confidence, I have also been able to cover the topics following the course using the guide and the website subscription we were given which have been invaluable. Thank you so much” *Larrier (ST4) Medical Interview Course for CT/ST Interviews*



Oxford Medical

